



# Skylar's

BEAUTY & BLISS

*Relaxation, Beauty & Self-Care Collection*

Spa Treatments & Packages



## OUR FEATURED COLLECTION

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Relaxation Packages

*Treat yourself. You deserve it.*



Florida, Roodepoort



073 263 0660



Signature Treatment

# Japanese Head Spa Experience



The Japanese Head Spa Experience is perfect for anyone needing rest, renewal and a quiet moment of self-care. It focuses on scalp cleansing, massage, relaxation and overall scalp wellness.



*Because self-care starts at the scalp*

This treatment combines gentle scalp care with deep relaxation. It helps refresh the scalp, support healthier-looking hair and provide a calming escape from everyday stress.

It is especially ideal for clients experiencing stress, fatigue, scalp build-up, headaches or tension around the head, neck and shoulders.



Price  
From R400



Duration  
30 - 90 min



Best For  
Relaxation



## What to expect

- Deep scalp cleansing
- Scalp exfoliation
- Relaxing head massage
- Neck and shoulder relaxation
- Improved blood circulation
- Stress and tension relief



## Treatment benefits

- Encourages healthier-looking hair
- Supports scalp detoxification
- May help reduce headaches and fatigue
- Promotes deep relaxation
- Helps relieve tension
- Leaves hair looking shinier



**Please note:** Treatment time and final price may vary depending on the selected head spa experience or any added services. Contact Skylar's Beauty & Bliss for the best option for your needs.

## Japanese Head Spa Experience at Skylar's Beauty and Bliss



### Ready to unwind?

Book your Japanese Head Spa Experience and enjoy a calm, refreshing treatment focused on rest, scalp care and relaxation.



Book Me For This



### Scalp Refresh

Helps cleanse and refresh the scalp by removing build-up and supporting a cleaner, healthier-feeling scalp.



### Relaxation

A calming treatment that helps ease tension around the head, neck and shoulders.



### Hair Wellness

Supports shinier-looking hair and encourages a refreshed, cared-for feeling.



### Book your Japanese Head Spa Experience

Treat yourself to a peaceful scalp and relaxation treatment at Skylar's Beauty & Bliss. Contact us to enquire about availability and secure your booking.



Book Me For This





Skylar's Beauty & Bliss

# Hydro Spa Packages

## Hydro Spa Combos

Our Hydro Spa Combos are designed for clients who want a complete self-care experience. Each package includes steam therapy and a relaxing combination of scalp care, massage, water fountain therapy, facial care and styling options.



## Hydro Spa Combos at Skylar's Beauty and Bliss



### Steam Therapy Included

All Hydro Spa Combos include steam therapy for a more relaxing and refreshing experience.



### 30 - 90 Minutes

Treatment times vary depending on the selected combo and added services.



### Relaxing Finish

Selected combos include blowout and flat iron styling for a polished finish.



### Combo 1 R550

Head massage, water fountain therapy, blowout and flat iron.

*Includes: Steam therapy.*



### Combo 2 R650

Head and shoulder massage, water fountain therapy, blowout and flat iron.

*Includes: Steam therapy.*



### Combo 3 R750

Head, neck and shoulder massage, water fountain therapy, facial and blowout.

*Includes: Steam therapy.*



### Combo 4 R999

Head, neck and shoulder massage, water fountain therapy, facial, hand and leg massage, and blowout.

*Includes: Steam therapy.*

## Personalised Option

### Build Your Own Hydro Spa Experience

Prefer something more flexible? Create your own Hydro Spa Experience by choosing the treatments and add-ons that suit your needs.

	Hydro Spa	Base hydro spa treatment.	R400
	Head & Shoulder Massage	Relaxing upper body massage add-on.	R150
	Facial	Gentle facial add-on.	R150
	Arm & Leg Massage	Relaxing arm and leg massage add-on.	R150
	Blowout	Price depends on hair length.	R150 - R250
	Steam Therapy	Included in all Hydro Spa Combos.	Included



Please note: All Hydro Spa Combos include steam therapy. Treatment times may vary from approximately 30 minutes to 90 minutes depending on the package selected. Blowout pricing may vary depending on hair length.



### Not sure which combo to choose?

Contact Skylar's Beauty & Bliss and we will help you choose the Hydro Spa package that best suits your relaxation, beauty and self-care needs.

Contact Us



Call  
073 263 0660

## Book your Hydro Spa Combo

Treat yourself to a relaxing Hydro Spa Experience at Skylar's Beauty & Bliss. Contact us to enquire about availability and secure your booking.



Book Me For This





Skylar's Beauty & Bliss

# Personalised Spa Experience

*Build Your Own Hydro Spa Experience*

Not every client wants the same treatment. This option allows you to start with a Hydro Spa treatment and add the extras you prefer, from massage and facial care to a blowout finish.



## Build Your Own Hydro Spa Experience at Skylar's Beauty and Bliss



1

### Start with Hydro Spa

Begin with the base Hydro Spa treatment as the foundation of your experience.



2

### Add your favourites

Choose massage, facial care, arm and leg massage or styling add-ons.



3

### Book your treatment

Contact us with your selected options and we will assist with availability.

## Options & Pricing

*Choose your treatments*

Select from the options below to create your own Hydro Spa package.

	<b>Hydro Spa</b>	The base Hydro Spa treatment and starting point for your personalised experience.	<b>R400</b>
	<b>Head &amp; Shoulder Massage</b>	A calming upper body massage to help ease tension and encourage relaxation.	<b>R150</b>
	<b>Facial</b>	Add a gentle facial treatment for a more refreshed and cared-for feeling.	<b>R150</b>
	<b>Arm &amp; Leg Massage</b>	A relaxing add-on focused on comfort, circulation and overall calm.	<b>R150</b>
	<b>Blowout</b>	Finish your experience with a beautiful blowout. Price depends on hair length.	<b>R150 - R250</b>
	<b>Steam Therapy</b>	Steam therapy is included in the Hydro Spa Combos and can be discussed when booking.	<b>Ask when booking</b>

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**Please note:** Treatment times may vary depending on the services selected. Blowout pricing may vary depending on hair length. Contact Skylar's Beauty & Bliss to confirm your preferred combination and final treatment time.



## Helpful Examples

*Example combinations*

These examples can help clients understand how the build-your-own option works.



### Simple Relaxation

Hydro Spa + Head & Shoulder Massage.

Estimated Total:  
**R550**



### Refresh & Glow

Hydro Spa + Facial + Blowout.

Estimated Total:  
**From R700**



### Full Relaxation Add-On

Hydro Spa + Head & Shoulder Massage + Arm & Leg Massage.

Estimated Total:  
**R700**



### Complete Self-Care

Hydro Spa + Head & Shoulder Massage + Facial + Arm & Leg Massage + Blowout.

Estimated Total:  
**From R1000**

## Need help choosing your perfect combination?

Tell us what kind of experience you want, whether it is relaxation, scalp care, facial care or a complete pamper session. We will help you choose the best options.

[Contact Us](#)

[Call 073 263 0660](#)



## Book your custom Hydro Spa experience

Choose your preferred add-ons and contact Skylar's Beauty & Bliss to secure your booking.



[Book Me For This](#)





*Skylar's*  
BEAUTY & BLISS  
—BECAUSE SELF-CARE STARTS HERE—

# KOREAN FACIAL Contouring



**HYDRO JELLY MASKS AVAILABLE**  
Add a soothing hydro jelly mask to complete your facial experience with extra hydration and comfort.

Korean facial contouring is a refreshing treatment focused on lifting, tightening and defining the face.

*A relaxing facial for a more sculpted look*



PRICE  
**R350 – R550**



TREATMENT TYPE  
**FACIAL**



BEST FOR  
**LIFT & GLOW**



*Book Me For This*

This treatment works by helping to lift and tighten the appearance of sagging skin, reduce facial puffiness, enhance jawline definition and improve the overall look of skin texture and tone.

This treatment also supports collagen stimulation for firmer-looking skin, making it a beautiful choice for anyone wanting a refreshed and naturally enhanced glow.



*Enquire Now*  
Call 073 263 0660

## TREATMENT BENEFITS

What this facial helps with



**LIFTING EFFECT**  
Helps improve the appearance of sagging skin for a more lifted, refreshed look.



**REDUCED PUFFINESS**  
Helps reduce facial puffiness and supports a smoother, more rested appearance.



**JAWLINE DEFINITION**  
Supports a more defined-looking jawline and facial contour.

## DESIGNED TO REFRESH AND CONTOUR

- ♥ Helps lift and tighten the appearance of skin
- ♥ Supports collagen stimulation for firmer-looking skin
- ♥ Helps reduce facial fat appearance and puffiness
- ♥ Improves overall skin texture and tone
- ♥ Enhances jawline definition
- ♥ Leaves the face looking refreshed and more sculpted



## HYDRO JELLY MASKS ARE ALSO AVAILABLE

Complete your Korean Facial Contouring treatment with a soothing hydro jelly mask. This optional add-on is ideal for clients who want extra hydration, comfort and a more luxurious facial experience.



**ASK ABOUT HYDRO JELLY MASKS** >



**PLEASE NOTE:** Pricing ranges from R350 to R550 depending on the selected facial treatment and any added options. For the most suitable treatment recommendation, contact Skylar's Beauty & Bliss before booking.



*Book your Korean Facial Contouring treatment*

Refresh your skin, define your natural features and enjoy a relaxing facial experience at Skylar's Beauty & Bliss.



*Book Me For This*



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# Skylar's

## BEAUTY & BLISS

—BECAUSE SELF-CARE STARTS HERE—

# RELAXATION & Body Care

## MASSAGE TREATMENTS

Our massage treatments are created for relaxation, comfort and relief from everyday tension. Unwind. Relax. Recharge.



### RELAXATION FOCUSED

Treatments are designed to help ease tension and create a calm, restorative experience.



### HOT STONES AVAILABLE

Add extra warmth and comfort with hot stones, or choose a full body hot stone treatment.



### COUPLES OPTION

A couples full body massage with hot stones is available for shared relaxation.

## Benefits OF MASSAGE

- ✓ Helps ease muscle tension
- ✓ Supports relaxation and calm
- ✓ Ideal for stress relief
- ✓ Focused options available
- ✓ Hot stone option available
- ✓ Couples treatment available

## TREATMENTS & PRICING

Massage treatment prices



### 60 MINUTE FULL BODY MASSAGE

A relaxing full body massage designed to help release tension and restore calm.

R400



### FULL BODY MASSAGE WITH HOT STONES

A full body massage enhanced with hot stones for a deeper, warmer and more soothing experience.

R550



### HOT STONES ADD-ON

Add hot stones to selected massage treatments for extra warmth and relaxation.

R180



### HEAD & SHOULDER MASSAGE

A focused massage for the head and shoulders, ideal for stress and upper body tension.

R200



### SHOULDER & NECK MASSAGE

A targeted massage for stiffness, tightness and discomfort around the neck and shoulders.

R200



### COUPLES FULL BODY WITH HOT STONES

A relaxing couples massage experience with hot stones, perfect for shared rest and comfort. *Includes: Complimentary slippers.*

R1000

## READY TO RELAX?

Choose your preferred massage and contact us to confirm availability.

ENQUIRE NOW >



### COMPLIMENTARY SLIPPERS

Complimentary slippers are included with selected massage experiences.



### COMFORT FIRST

Our massage treatments are designed to be relaxing, calming and comfortable.



### BOOK AHEAD

Contact us to confirm availability and the best treatment option for your needs.



Please note: Treatment duration may vary depending on the selected massage and availability. If you are unsure which massage to choose, contact Skylar's Beauty & Bliss and we will help recommend the best option for your needs.



Your time.  
Your peace.  
Your moment.



## Book your massage treatment

Take time to relax, release tension and enjoy a calming massage experience at Skylar's Beauty & Bliss.



Book Me For This



CALL OR WHATSAPP

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Because self-care starts here.



Skylar's

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# RELAXATION

# Packages

## MASSAGE COMBOS

Our massage combos are ideal for clients who want a more complete relaxation experience. Each combo is designed to target common areas of tension while adding a soothing pamper element.

### MASSAGE TREATMENTS AT SKYLAR'S BEAUTY AND BLISS



#### EASY TO CHOOSE

Select the combo that best matches the type of relaxation or relief you need.



#### FOCUSED RELIEF

Options include back, neck, shoulder and feet-focused treatments.



#### GREAT VALUE

Combos combine multiple treatment areas into one simple package price.

### CHOOSE A COMBO THAT MATCHES YOUR RELAXATION NEEDS

Whether you want a full body massage with a foot scrub, a quick neck and shoulder release, or a longer massage and feet treatment combination, these packages make it easy to select the right option.

These treatments are perfect for clients who want to reduce tension, rest tired muscles and enjoy a peaceful spa experience without needing to build a package from scratch.

- ✔ Full body relaxation options
- ✔ Back, neck and shoulder focus
- ✔ Feet treatment combinations
- ✔ Ideal for stress relief
- ✔ Simple package pricing
- ✔ Peaceful spa experience



#### RELAXING MASSAGE TREATMENT

*Not sure which combo to choose?*

Contact us and we will help you choose the best massage combo for your needs.



ASK US

## COMBOS & PRICING

*Massage combo prices*



#### MASSAGE COMBO 1

### R500

Full body massage with foot scrub.

**Best for:** Full body relaxation with a refreshing foot treatment.



#### MASSAGE COMBO 2

### R300

30 minute neck, shoulder and back massage.

**Best for:** Quick relief from upper body tension.



#### MASSAGE COMBO 3

### R450

30 minute back massage and 20 minute feet treatment.

**Best for:** Back tension relief with added foot care.



#### MASSAGE COMBO 4

### R700

Choose between 45 minute back and 30 minute feet, or 45 minute full body and 30 minute feet.

**Best for:** A longer relaxation package with feet treatment included.



#### FOCUSED PACKAGES

Choose a combo based on the areas that need the most attention.



#### RELAXING ADD-ON FEEL

Foot care options add an extra pamper element to your massage experience.



#### BOOK AHEAD

Contact us to confirm available booking times and package details.



**Please note:** Treatment times and availability may vary. Combo 4 gives you a choice between two treatment combinations. Please confirm your preferred option when booking.

### BOOK YOUR MASSAGE COMBO

Choose your preferred massage package and contact Skylar's Beauty & Bliss to secure your relaxing spa experience.



*Book Me For This*



# Skylar's

BEAUTY & BLISS

—BECAUSE SELF-CARE STARTS HERE—

# Your Calm ESCAPE

AT SKYLAR'S BEAUTY & BLISS

# CLIENT COMFORTS & Offers

We want every visit to feel welcoming, peaceful and worthwhile.

Our special offers and small client comforts are designed to add extra value to your spa experience.



## COMPLIMENTARY *Drink*

Enjoy a complimentary drink during your visit as part of your relaxing spa experience.

Included with visit



## 20% OFF FOR PENSIONERS

Pensioners receive 20% off selected treatments at Skylar's Beauty & Bliss.

20% Discount



## CLIENT *Comforts*

Complimentary slippers are included with selected massage experiences.

Selected treatments

## SMALL TOUCHES THAT MAKE YOUR VISIT *Feel Special*

- ✔ Complimentary drink during your visit
- ✔ 20% off selected treatments for pensioners
- ✔ Complimentary slippers with selected massages
- ✔ Relaxing and welcoming spa environment
- ✔ Professional beauty and relaxation care
- ✔ Easy booking through our contact page



*Book Me For This*



## Relaxing spa SPECIAL OFFERS

Ask us about current offers



*Enquire Now*

## IMPORTANT DETAILS

*Offer information*



### PENSIONER DISCOUNT

Pensioners receive 20% off selected treatments. Please mention the pensioner discount when making your booking so we can confirm whether it applies to your chosen service.



### COMPLIMENTARY DRINK

A complimentary drink is available during your visit as a small extra to help make your spa experience feel more relaxed and enjoyable.



### COMPLIMENTARY SLIPPERS

Complimentary slippers are included with selected massage experiences. Please ask us when booking if this applies to your chosen treatment.



### TREATMENT TIMES

Treatment times may vary depending on the selected service or package. Some treatments may range from approximately 30 minutes to 90 minutes.



**PLEASE NOTE:** Special offers may apply to selected treatments only and may be subject to availability. Please contact Skylar's Beauty & Bliss before booking to confirm the offer details for your chosen service.



*Ready to book your spa treatment?*

Contact Skylar's Beauty & Bliss to ask about current offers, confirm availability and secure your booking.



*Book Me For This*



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